



Healthy Hop - A Free Ride to Staying Healthy

(732) 505-2273

Healthy Hop is a free transportation service in Monmouth County, NJ designed to help seniors aged 60 years and older to get to their medical appointments without stress or worry.

We understand that many seniors have difficulty accessing reliable transportation, which is why we have partnered with the Monmouth County Office on Aging to provide this service.

With our service, seniors can simply call us when they are ready for a medical appointment, and we will arrange for an Uber, Lyft, or local taxi service to pick them up. No need to book ahead, or worry about transportation logistics. We'll take care of everything for you!

To use our service, seniors must register by filling out a brief application. This ensures that we have all the necessary information to provide a safe and efficient transport.

Ways to register:

- Call our office -732-505-2273. Please plan to be on the phone for 15-20 minutes.
- Fill out a paper application and send it to 201 Hooper Avenue, Toms River, NJ 08753.
- Fill out an application online on our website at cvcj.org/healthyhop.
- Once you are registered, you will receive a postcard. Please save it, as it will contain all of the information you need.

HEALTHY HOP TRANSPORTATION
A Free Ride to Staying Healthy

What is Healthy Hop?
Healthy Hop is a free transportation service in Monmouth County, NJ designed to help seniors aged 60 years and older get to their medical appointments without any stress or worry.
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Eligibility and Limits

- MUST BE 60 OR OVER AND LIVE IN MONMOUTH COUNTY
- MUST BE ABLE TO GET IN AND OUT OF THE CAR WITH GENTLE ASSISTANCE
- ONLY ONE ROUND TRIP PER WEEK CAN BE REQUESTED
- WHEELCHAIRS CANNOT BE ACCOMMODATED
- NO APPOINTMENTS ALLOWED WHERE ANESTHESIA IS REQUIRED
- CANES AND WALKERS CAN BE ACCOMMODATED

You are Registered!
Call us when you are ready to be picked up for your medical appointment.
732-XXX-XXXX
Monday through Friday
8:30 am to 4:30 pm

Eligibility Monmouth County residents 60+ Must be able to get in and out of car with gentle assistance. Only 1 round trip per week can be requested Wheelchairs cannot be accommodated, no appointments where anesthesia is required. Canes and walkers can be accommodated

Last Updated: 07/12/23



Caregiver Volunteers of Central Jersey

Freehold

Caregiver Volunteers of Central Jersey is an interfaith nonprofit agency dedicated to providing free supportive services to the frail elderly and the home-bound, enabling them to live independently and with dignity in their own homes.

MORE INFORMATION

Healthy Hop – Caregiver Volunteers of Central Jersey

☎ (732) 505-2273

✉ info@caregivervolunteers.org

🌐 [Web Site](#)