

## Caregiver Volunteers of Central Jersey



We are an interfaith nonprofit agency dedicated to providing **free** supportive services to the home-bound, 60 years or older, who no longer drive; helping them to continue to live independently in their own homes. Services offered in Ocean & Monmouth Counties.

## OUR SERVICES

- **Medical Transport:** Rides are provided to and from doctor appointments.
- **Food Shopping:** Volunteer is assigned to do in person shopping every 2 weeks.
- **Online Food Shopping:** Volunteer will provide online food shopping.
- **Veteran to Veteran:** Veteran volunteers & home-bound Veterans are matched for services.
- **Caregiver Canines® Pet Therapy:** Weekly visits from certified therapy dogs.
- **Caregiver Respite:** Support and weekly visits for those living with dementia or other chronic illness to give the family caregiver a break.
- **Reassurance Phone Calls:** Weekly calls to reduce social isolation.
- **Friendly Visits:** Weekly visits offering companionship.
- **Connect Thru Music:** Intergenerational enrichment program connecting youth to elders using the power of music.



## DO YOU NEED OUR HELP?

Caregiver Volunteers provides supportive services to seniors 60+, no longer driving in Ocean and Monmouth Counties. There is no income eligibility and all services are free of charge.

**Just 3 easy steps to begin receiving our services.**

- 1 Contact our office at 732-505-2273 to determine your eligibility.**
- 2 Complete an in-person assessment with a thoroughly screened assessor to ensure appropriate services.**
- 3 Once registered you can call our office to begin your supportive services.**

## DO YOU WANT TO VOLUNTEER?

Join our family of amazing volunteers that assist seniors in Ocean & Monmouth Counties.

**Just 3 easy steps to make a difference in someone's life.**

- 1 Sign up for a Virtual or In-Person Volunteer Orientation at [caregivervolunteers.org/volunteer](http://caregivervolunteers.org/volunteer).**
- 2 Fill out a Volunteer Registration Form online & attend a Virtual or In-Person Orientation.**
- 3 Get matched with a senior in your community who needs your help! Hours are flexible and are based on your availability.**

**For more information contact our office at 732-505-2273 or visit us at [caregivervolunteers.org](http://caregivervolunteers.org)**