

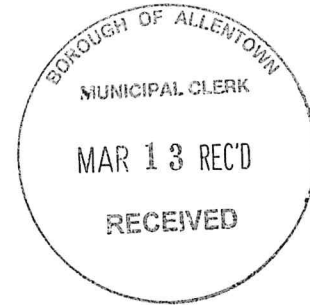
**Senior Citizenship Committee Meeting Minutes**  
**Wednesday, February 5, 2020**

Present: Melinda Brown, Kelly Owens, Joan West, Kathy Hamnett

Absent: Claudia Lilley, Eileen Kuzma, Linda Cotte (all approved absences)

Council Liaison: Martha Johnson

Next Meeting: March 11, 2020



1. Call to Order: Kelly Owens (9:02)
2. Salute to Flag
3. Compliance Statement Read: Kelly Owens
4. Roll Call: Kathy Hamnett
5. A quorum was determined
6. Consent Agenda
  - a. Approval of Regular Minutes for January 2020 – Minutes approved
7. Public Comment on Agenda Items Only – 3 minutes: No public comments
8. Old Business
  - a. VNA of Central Jersey – Linda Cotte. Free Senior Wellness Program to continue for 2020  
The first VNA visit for 2020 is scheduled for February 19, 2020 at Allentown First Aid Squad. Times 10 am-12 pm. Program will continue to be offered on a monthly basis and meet every 3<sup>rd</sup> Wednesday of the month at Allentown First Aid Squad from 10am-12pm. All Allentown & Upper Freehold residences ages 55+ are welcomed to participate. Thank you to Carol Floyd of the Allentown First Aid Squad for working with Linda to jump start the wellness program for 2020 by allowing the senior committee to use their facility on an ongoing basis for the program.
  - b. Communications for Senior Wellness Program – Committee discussed various ways to communicate events to the senior residence in both Allentown & Upper Freehold municipalities. Some suggestions: Mailings, Facebook, Social media, Flyers in town. Additional suggestions welcomed. Upper Freehold – copies of the flyers for Wellness Program to be delivered to Upper Freehold Municipal building for posting in town hall and their web site. Allentown Borough – copies of the flyers to be delivered to Allentown borough for posting on site and Allentown website. Additionally, copies of flyer to be dropped off at local businesses, post office and the bulletin boards in town. Facebook – committee members to post flyer on personal Facebook pages and other groups they may belong to. Senior Citizen Facebook site to post flyer. Committee members to invite “friends” to join the new Allentown Senior Facebook page.
9. New Business
  - a. Senior Committee Meeting Times – Kathy Hamnett. Senior Meetings to be moved back to 7 pm as originally discussed in December. Eileen Kuzma, Claudia Lilley and Linda Cotte have daytime conflicts. The committee meeting time was discussed. Kathy Hamnett to send e-mail to all committee members to vote on meeting time of either 6:30 or 7:00 p.m. time.
  - b. Senior Citizen Committee Budget – Martha Johnson. 2019 Linda Cotte submitted budget for \$2000 for our 2020 budget. December 11, 2019 John Elder spoke about budget

being approved in public participation. To date: No confirmation on final budget for fiscal year 2020.

- c. Update on Monmouth County Funding to Allentown First Aid Squad for a Senior Center – Martha Johnson. Still needs clarification.
- d. March Open House – Joan West, event chairperson. Date of Open House – Monday, March 30, 2020. Time to be determined. Location: Allentown First Aid Squad. Suggested speaker- FFA. Joan will contact FFA to confirm. Joan West- will give a presentation on spring plantings and conduct a hands-on workshop with all those who attend. Each guest will go home with a planting. Fun activity will be Bingo. Giveaways for prizes will be needed for bingo. Kathy Hamnett will follow up. In the past it was mentioned the tablecloths provided by Linda Cotte were a nice touch. Kathy Hamnett – will verify with Linda possible providing again.
- e. ABCA - discussion about the newly organized ABCA and changes that could help segregate all the committees and commissions to better communicate with the businesses in town.
- f. Senior Discount Information List – Kathy Hamnett – continue to work on collecting information on all businesses providing senior discounts.
- g. Senior Facebook Page – Kathy Hamnett designed and launched “The Allentown Senior Facebook” Page. Request all members to invite friends to join page.
- h. Future Committee Events, dates, times, themes, speakers.
  - i. Senior Special Interest Clubs – Walking, Book, Gardening, Cards etc.
  - ii. Senior Golf Lessons – Joe Monticello willing to donate his time. More to come.
  - iii. Martha Johnson indicated Tom Fritts would be meeting with members of the previous senior ADHOC committee. Look for a follow up at the next senior meeting.
  - iv. Future Topics and Speakers – ex. The A, B, C & D’s of Medicare
  - v. Senior Trips – Travel Agent specializes in Senior Market.

#### 10. Other Business

- a. Senior Citizen Committee’s Mission Statement – Group discussion.
- b. Working with Upper Freehold Seniors – Set a meeting with Steve (from Library). Linda Cotte will reach out to Steve.

11. Public Participation – 3 minutes. No public participation

12. Adjournment – 10:08