



# RESOURCE CARD FOR SENIORS

## MENTAL HEALTH TREATMENT

CPC Integrated Health – 800-250-9811  
 Mental Health Association of Monmouth County -  
 732-542-6422  
 WJ Barnabas Health – Monmouth Medical Center's  
 Early Intervention Support Services – 732-922-1042  
 Psychiatric Emergency Screening Services -  
 732-923-6999  
 Self Harm, Suicide & Crisis Hotline – Call or Text 988

## CAREGIVER SUPPORT & ASSISTANCE

Division of Aging, Disabilities & Veterans – Caregiver  
 Specialist -732-431-7450  
 Project Lifesaver Tracking Bracelet -  
 732-308-3770 ext. 8780  
 Beacon of Life – All Inclusive Care – 732-592-3400  
 Geriatric Health Center – 732-923-7550  
 Visiting Physicians Service – 732-571-1000  
 Visiting Nursing Association – 800-862-3330  
 Guardianship – Adult Protective Services –732-531-1919

## EVICTIION AND HOUSING

Mental Health Association of Monmouth County-  
 732-542-6422  
 South Jersey Legal Services – 800-496-4570  
 Division of Social Services/Homeless Intake Unit -  
 732-431-6000 ext. 4613  
 Adult Protective Services – 732-531-9191

## TRANSPORTATION

Access Link – 973-491-4224  
 EZ Ryde 4 Life – 201-939-4242 ext. 4  
 Healthy Hop – 732-505-2273  
 Monmouth SCAT – 732-431-6485

## INSURANCE ASSISTANCE

State Health Insurance Assistance Program -  
 732-728-1331  
 Freehold area – 732-431-7450  
 Medicaid Recertification Support – 732-431-7450  
 Division of Aging, Disabilities & Veterans Services -  
 732-431-7450  
 Monmouth County Social Services – 732-431-6000

## FOOD ASSISTANCE

Home Delivered Meals  
 Interfaith Neighbors – 732-775-0525 x227  
 Jewish Family & Children's Services  
 (Includes Kosher Meals) – 732-774-6886 ext. 40  
 Fulfill – 732-918-2600  
 Supplemental Nutrition Assistance Program -  
 732-431-6000

## UTILITY ASSISTANCE & HOME REPAIRS

Assurance Wireless – 888-321-5880  
 NJ Utility Assistance Hotline – 800-510-3102  
 NJ Shares – 866-657-4273  
 Lifeline & the Affordable Connectivity Program -  
 800-234-9473  
 Habitat for Humanity – A Brush with Kindness -  
 732-728-0441 ext. 311  
 Handy Andy – 732-505-2273 ext. 212  
 Monmouth County Home Repair Program – 732-731-7460

## SOCIALIZATION

Caregivers Volunteers of Central Jersey – Friendly  
 Visits & Reassuring Calls – 732-505-2273  
 Family and Children's Services – Telefriends & In  
 Home Recreation – 732-728-1331  
 Senior Citizens Action Network – Social Education  
 Classes 732-542-1326

